



# 13<sup>th</sup> Annual Congress

of the Hellenic Spine Society

&<sub>4</sub>3<sup>rd</sup> Symposium

"N. GIANNESTRAS – P. SMYRNIS" Spine Section of the Hellenic Association of Orthopaedic Surgery and Traumatology



Joint Meeting
with the Serbian Spine Society



31 October 3 November 2019 Ioannina, Greece, Hotel Du Lac

Final Program

www.concopco.com/spine2019



#### **Committees**

#### **ORGANIZING COMMITTEE**

#### Chair: I. D. Gelalis

#### **Members**

- I. Balogiannis
- A. Brotis
- A. Kapinas
- E. Karakosta
- V. Lykomitros
- G. Makrygiannakis
- S. Papastefanou T. Patsiaouras
- A. Ploumis
- F Samoladas
- K. Vlachos

#### **Local Organizing Committee**

- G. Alexiou
- A. Korompilias
- I. Kostas Agnantis
- E. Michos
- E. Motsis
- D. Pachatouridis
- E. Pakos
- C. Papageorgiou
- M. Vekris
- S. Voulgaris
- A. Zigouris

#### **SCIENTIFIC COMMITTEE**

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- T. Apostolou
- D. Arvanitakis
- A. Bountis
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- A. Christodoulou
- P. Christodoulou
- M. Czyz
- K. Fountas
- T. B. Grivas
- M. Joković
- A. Karagiannidis
- P. Korovessis
- K. Kouzelis
- J.-C. Le Huec
- I. Magras
- N. Metaxas T. Paleologos
- D. Papadopoulos
- E. Papadopoulos

- K. Paterakis
- I. Patsalas
- S. Pnevmatikos
- I. Polythodorakis
- G. Sapkas
- P. Selviarides
- S. Sgouros
- S. Skriviliotakis
- P. Soucacos
- K. Soultanis
- A. Spiliotopoulos
- S. Stavridis
- E. Tsafantakis
- A. Tsagkalis
- P. Tsitsopoulos I. Valavanis
- S. Voulgaris
- R. Wagner
- K. Zachariou
- P. E. Zoumpoulis

## Organization



#### **Hellenic Spine Society**

20, Fleming Str. 15123 Maroussi, Athens, Greece

T: 210 68 98 409 E-mail: info@eess.gr Website: https://eess.gr

### **Congress Secretariat**



#### **CONCO Meetings and Events**

43, Akadimias Str., 10672 Athens – Greece

T+ 211 212 0594

E-mail: asoubasakou@concopco.com

Website: www.concopco.com

#### Welcome Address

#### Dear Colleagues

This year the idea of having a joint meeting, bringing Balkan Spine Societies together at the same time and place, originates from the need of lifelong learning and interactive education on spine pathology and surgery.

The program of this meeting is multi-thematic and emphasis is given on controversial issues in spinal surgery as well as on new aspects such as tissue engineering and spinal technology advances. This unique collaborative meeting between Balkan countries will give an exceptional opportunity to exchange knowledge and experiences.

We are certain that this four-day program will provide new insights that you can apply to your practice as we will review the latest in spine surgery techniques and research, discuss our most complicated cases and debate clinical and surgical problems.

It is my honor and pleasure to welcome you all to the 13<sup>th</sup> Annual Congress of the Hellenic Spine Society & 43<sup>rd</sup> Symposium "N. Giannestras – P. Smyrnis" & Joint Meeting with the Serbian Spine Society and the city of Ioannina, the city of Medicine, hoping that you will enjoy your visit through its unique culture, picturesque sights and traditional gastronomy.

My best regards,

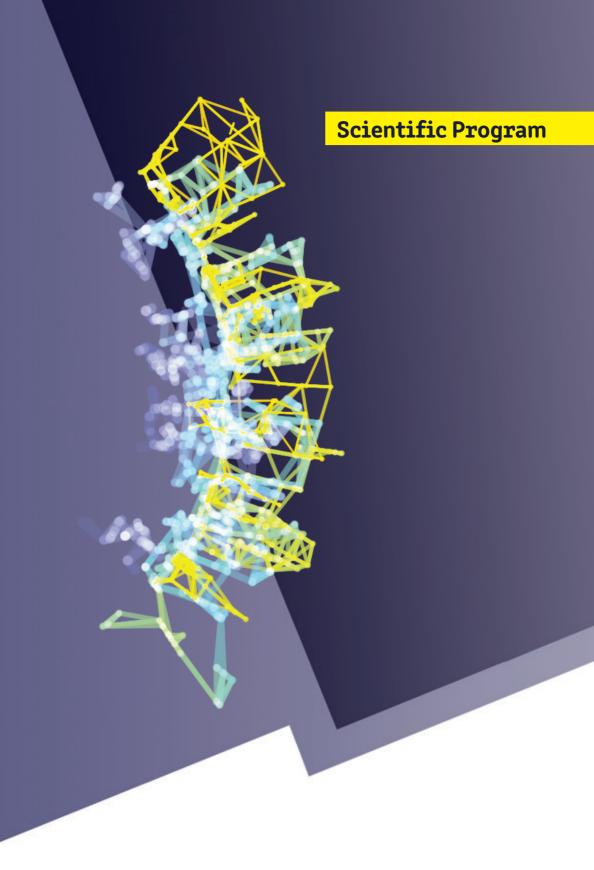
Ioannis D. Gelalis MD. PhD

President of the Hellenic Spine Society

#### **CME Credits**

The 13<sup>th</sup> Annual Congress of the Hellenic Spine Society & 43<sup>rd</sup> Symposium "N. Giannestras - P. Smyrnis" & Joint Meeting with the Serbian Spine Society, Ioannina, Greece, 31/10/201903/11/2019 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **22 European CME credits** (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.





#### Thursday 31 October 2019

**14:00 – 16:00** Registration

16:00 - 17:00 Oral Presentations

Chairs: A. Kapinas, E. Karakosta



## EPIDEMIOLOGY AND TREATMENT OF TORTICOLLIS IN THE PAEDIATRIC POPULATION

**Antoniou G.**<sup>1</sup>, Krallis P.<sup>2</sup>, Pilichou A.<sup>2</sup>, Sioutis S.<sup>2</sup>, Anastasopoulos J.<sup>2</sup>
<sup>1</sup>Division of Orthopaedic Surgery, Evangelismos General Hospital, Athens Greece, <sup>2</sup>Division of Pediatric Orthopaedic Surgery, Agia Sofia General Children's Hospital, Athens, Greece



#### **RELIABILITY OF A GAIT EVALUATION METHOD**

Petropoulakos K.¹, Kanellopoulos A.², **Siasios I.³**, Poulis I.¹, Spanos S.¹² ¹Human Performance and Rehabilitation Laboratory, School of Health Sciences, University of Thessaly, Lamia, ²Faculty of Physiotherapy, School of Health Sciences, University of Thessaly, Lamia, ³Department of Neurosurgery, Papageorgiou Hospital, Thessaloniki



## GRADUALY INCREASED FREQUENCY OF COMPLICATIONS IN DELAYED DIAGNOSIS IN ANKYLOSING SPONDYLITIS PATIENTS. 10 YEARS EXPERIENCE

Moschos S., Kalampokis A., Xatzikomninos I., **Zisis K.**, Mpountis A., Tsafantakis E. *Spine and Scoliosis Unit, KAT Hospital of Athens* 



## SURGICAL TREATMENT AND TECHNICAL DIFFICULTIES FOR DELAYED DIAGNOSIS FRACTURE IN THORACIC AND LUMBAR SPINE. OUR 10 YEARS EXPERIENCE

Moschos S., Kalampokis A., Xatzikomninos I., **Zisis K.**, Mpountis A., Tsafantakis E. *Spine and Scoliosis Unit, KAT Hospital of Athens* 



# PERCUTANEOUS KYPHOPLASTY OF OSTEOPOROTIC VERTEBRAL FRACTURES. A PROSPECTIVE STUDY COMPARING THE UNILATERAL AND BILATERAL TRANSPEDICULAR TECHNIQUE

Makridis K., Zourntou S.-E.



I OP 06a

## SPONTANEOUS EPIDURAL HEMATOMA OF CERVICAL SPINE IN SARCOIDOSIS. REPORT OF TWO CASES

**Nasios A.**, Zigouris A., Alexiou G.A., Sotiropoulos A., Metaxas D., Vlachos N., Michos E., Voulgaris S.

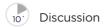
Department of Neurosurgery, University Hospital of Ioannina, Ioannina, Greece



#### DEMOGRAPHICS OF SPINAL CORD TUMOURS: A SINGLE CENTRE EXPERIENCE

Apostolakis S., Filias P., Karagianni A., Mylonakis I., Mitropoulos A., Karakosta E., Vlachos K.

Department of Neurosurgery, "KAT" General Hospital of Attica



#### 17:00 - 18:15 **Round Table: Spinal Technology Advances**

Chair: D. Fotiadis

Medical imaging techniques in spinal injury 15 **G.** Matsopoulos

Patient rehabilitation using body sensor networks and 151 holograms

T. Exarchos. D. Gatsios

Monitoring of relapses after microdiscectomy of the lumbar spine with the application of sensor technology

G. Papagiannis, A. Triantafyllou

A new system of correcting idiopathic scoliosis 15 without a fusion (ongoing research)

I. Karnezis

Discussion

**Lecture: Evidence Based Medicine - Implications and** 18:15 - 18:45 Limitations

Chair: I. Gelalis

Speaker: M. Tylliannakis

#### Thursday 31 October 2019

18:45 – 19:45 Round Table: Spinal Tissue Engineering

Chair: M. Chatzinikolaidou

15'

Advances in tissue engineered bone regeneration

M. Chatzinikolaidou

15'

New strategies in intervertebral disc regeneration and repair

K. Alpantaki

15'

Cellular senescence in the intervertebral disc: Molecular mechanisms, role in tissue degeneration and a putative pharmacological target

D. Kletsas

15'

Discussion

19:45 - 20:15 Welcome Addresses

Program review

20:15 - 20:45 Opening Lecture

From Paralysis to Creativity

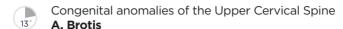
A. Tsapatakis

21:00 Opening Ceremony

#### Scientific Program Friday 1 November 2019

#### 08:30 - 10:00 **AO SPINE SESSION: Craniocervical Junction Pathology**

Chairs: S. Papastefanou, A. Brotis



Chiari malformation in children - The operative correction 131 S. Saouros

Chiari associated scoliosis 13 S. Papastefanou

Chiari in adults I. Magras

Intradural extramedullary tumors at CCJ 131 K. Paterakis

RA in the upper C-Spine. When to operate? 13 A. Morakis

Discussion 12.

#### 10:00 - 11:00 **Round Table: Lower Cervical Spine Pathology**

Chairs: A. Spiliotopoulos, S. Skiada

Microsurgical anatomy of the cervical spine 10' I. Balogiannis

Anterior approach in cervical spondylotic myelopathy: 101 When and how E. Karakosta

Posterior approach to the cervical spine. Laminectomy vs 10' Laminoplasty P. Angourakis

Cervicothoracic junction surgical options and decision making A. Brotis

Cervical spinal osteotomies. When and How V. Lvkomitros

Discussion

#### Friday 1 November 2019

#### 11:00 - 11:30 Debate: Cervical Spine Discectomy

Chair: I. Patsalas



Cage and plate fixation

8'
A. Ploumis

Cervical disc arthroplasty

N. Metaxas

6 Discussion

#### 11:30 - 12:00 Coffee Break

#### 12:00 - 13:00 Round Table: Spinal Tumors

Chairs: S. Voulgaris, D. Pachatouridis

Spinal tumors: Interdisciplinary and diagnostic approach **G. Alexiou** 

Surgical treatment strategy in primary bone spinal tumors M. Czyz

Treatment strategy in metastatic bone spinal tumors: When and how

P. Zoumpoulis

Primary spinal cord tumors **S. Voulgaris** 

8 Discussion

13:00 – 13:30 Lecture: En-Block Spondylectomy in Primary Spinal Tumors. Tips and Tricks

Chair: **A. Kapinas** Speaker: **M. Czyz** 

#### **Scientific Program** Friday 1 November 2019

13:30 - 14:30 **Lunch Break** 

14:30 - 15:30 **Oral Presentations** 

Chairs: G. Savvanis. I. Paspati



#### HERPES SIMPLEX VIRUS TYPE-1 INFECTION AFFECTS THE EXPRESSION OF EXTRACELLULAR MATRIX COMPONENTS IN HUMAN NUCLEUS PULPOSUS **CELLS**

Alpantaki K.<sup>1</sup>, Zafiropoulos A.<sup>2</sup>, Koutserimpas C.<sup>3</sup>, Tseliou M.<sup>2</sup>, Vasarmidi E.<sup>2</sup>, Sourvinos G<sup>2</sup>

<sup>1</sup>Department of Orthopaedics and Traumatology Venizeleion General Hospital Herakleion, Crete, <sup>2</sup>Laboratory of Virology, Faculty of Medicine, University of Crete, Heraklion, Crete, Greece, <sup>3</sup>Department of Orthopaedics and Traumatology, "251" Hellenic Air Force General Hospital of Athens, Athens, Greece



7 OP 08

Will be presented as OP25 (see page 17)



#### UP-TO-DATE SURGICAL TREATMENT BY IMPLANTATION IN PYOGENIC SPINAL INFECTIONS, PRESENTATION OF 11 CASES AND REVIEW OF THE LITERATURE Derdilopoulos A.

Neurosurgical Department, Mediterraneo Hospital Athens



#### GIANT CELL TUMOR OF THE LUMBAR SPINE - ONE CASE REPORT

Vraniskoski T.<sup>1</sup>. Damianovski S.<sup>3</sup>. Ciriviri J.<sup>1</sup>. Kostov H.<sup>1</sup>. Talevski D.<sup>1</sup>. Lazarevski P.<sup>1</sup>. Noveska-Petroska B.2, Stojanoski S.4

- <sup>1</sup> Department for Orthopeadic and Traumatology in CGH "8 Septemvri" Skopje, North Macedonia,
- <sup>2</sup> Department for Histopatology in CGH "8 Septemvri" Skopje, North Macedonia, <sup>3</sup> Department for Neurosurgery in CGH "8 Septemvri" Skopje, North Macedonia, 4 Institute of Pathophysiology and Nuclear Medicine, Skopje, North Macedonia



#### INTRAOPERATIVE MONITORING IN INTRAMEDULLARY SPINAL TUMOR SURGERY: A SYSTEMATIC REVIEW AND META-ANALYSIS

Tsakiris C., Siempis T., Alexiou G., Voulgaris S.

Department of Neurosurgery, University Hospital of Ioannina, Ioannina, Greece

#### Friday 1 November 2019



## INTRADURAL SPINAL TUMORS. POSTOPERATIVE OUTCOMES FROM A SINGLE INSTITUTION'S EXPERIENCE

**Metaxas D.**, Sotiropoulos A., Alexiou G., Nasios A., Zigouris A., Drouvis V., Skiada D., Pahatouridis D., Voulgaris S.

Department of Neurosurgery, University Hospital of Ioannina, Ioannina, Greece



#### FINAL TREAT "JOINT'S INFLAMMATION" WITH MULTIZYME SUBLIMATION

**Tsagkalis V. A.¹**, Magkos K.¹, Karalaios N.¹, Karamichos K.¹, Fotis T.¹, Paridis D.¹, Karachalios T.¹2

<sup>1</sup>Animus Blue Cross of Larissa, Department of Orthopedics, <sup>2</sup>University of Thessaly, School of Medicine, Department of Orthopedics



Discussion

#### 15:30 – 16:45 Round Table: Spinal Infections

Chairs: A. Tsagkalis, D. Arvanitakis

Pathophysiology, microbiology and antibiotics in spinal infections **A. Stoupis** 

Diagnostic algorithm in spinal infections

E. Samoladas

Imaging evaluation in spinal infections

D. Theodorou

Prevention of postoperative infection in patients undergoing spinal surgery

A. Prassas

Indications and surgical treatment of spinal infections

K. Soultanis

Discussion

#### 16:45 – 17:15 Debate: Postoperative Spinal Infection

Chair: P. Selviarides

Implant removal
I. Magras

Implant salvage
I. Tsinganos

6' Discussion

#### 17:15 - 18:00 **Round Table: A Legal Approach to Medical Issues**

Chair: E. Tziva

Medical malpractice liability of the surgeon. Definition, important legal issues, relative insurance

\[
 \textit{ the lecture will be in Greek1}
 \]

E. Tziva



Modern Surgery - A bioethical approach

\[
 \textit{ the lecture will be in Greek1}
 \]



A. Pantzartzidi Discussion

#### Coffee Break 18:00 - 18:30

#### 18:30 - 19:30 **Round Table: The Serbian Experience - Treatment of Degenerative Spine Disease and Spine Trauma**

Chair: M. Joković



Osteoporosis and deformity

V. Popovic



Surgery of cervical degenerative disc disease V. Baščarević



Fractures of the thoracolumbar spine





Discussion

#### 19:30 - 20:00 **Lecture: Instrumentation in Degenerative Thoracolumbar Spine**

Chair: A. Spiliotopoulos Speaker: M. Joković

#### 20:00 - 21:00 **General Assembly and Elections**

#### Saturday 2 November 2019

**Oral Presentations** 08:00 - 09:00

Chairs: D. Makris. C. Zafeiris



THE ROLE OF SAGITTAL ALIGNMENT PARAMETERS IN THE PATHOGENESIS OF **LUMBAR DEGENERATIVE DISEASES. A RETROSPECTIVE. COMPARATIVE STUDY** Bougiouklis D.1. Patsiaouras T.2

<sup>1</sup> General Hospital of Pyrgos, Orthopaedics Department, Greece, <sup>2</sup> General Hospital "Asklepieion" Voulas, Fifth Orthopaedics Department, Athens, Greece



A HYBRID TECHNIQUE FOR TREATING MULTILEVEL CERVICAL RADICULOPATHY OR MYELOPATHY: CERVICAL DISC ARTHROPLASTY **COMBINED WITH FUSION** 

Karakostas C., Stamatopoulos C., Veranis S., Sfikas S., Papageorgiou D., Kapetanakis A.

Department of Neurosurgery, 251 General Airforce Hospital, Athens, Greece



**DECOMPRESSION ALONE VERSUS DECOMPRESSION AND FUSION** FOR LUMBAR SPINAL STENOSIS WITH AND WITHOUT DEGENERATIVE SPONDYLOLISTHESIS. A RETROSPECTIVE STUDY

Bougiouklis D.<sup>1</sup>. Patsiaouras T.<sup>2</sup>

<sup>1</sup> General Hospital of Pyrgos, Orthopaedics Department, Greece, <sup>2</sup> General Hospital "Asklepieion Voulas", Fifth Orthopaedics Department, Athens, Greece



THE SPINAL ARTHRODESIS WITH INTRA-ARTICULAR FAUCET PROSTHESIS AS A METHOD OF SURGICAL MANAGEMENT OF DEGENERATIVE SPINE DISEASE

Lipiridis S., Feloukatzis C., Stavridi K., Sakellaridou M.E., Pliakos N., Papageorgiou N., Chatzidakis F.

Department of Neurosurgery, General Hospital of Nikaia, Pireus, Greece



OP 18

VERTEBRAE SHAPING OF THE CERVICOTHORACIC JUNCTION IN WOMEN: THE IMPORTANCE IN ORTHOPEDIC CLINICAL PRACTICE AND IN THE APPLICATION OF SURFACE TOPOGRAPHY

Grivas B.T.<sup>1</sup>, Kechagias V.<sup>2</sup>, Mihas K.<sup>3</sup>

<sup>1</sup>Department of Orthopedics & Traumatology "Tzaneio" General Hospital Piraeus, <sup>2</sup>Department of Orthopedics, Volos General Hospital, 3. Department of Pathology, General Hospital-Kymi Health Center



**OP 19** 

CLINICAL OUTCOMES AFTER LUMBAR SPINE MICRODISCECTOMY: A 5-YEAR **FOLLOW-UP PROSPECTIVE STUDY IN 100 PATIENTS** 

Papanastasiou I. E.<sup>1</sup>, Theodorou D. J.<sup>2</sup>, Theodorou S. J.<sup>3</sup>, Gelalis D. I.<sup>1</sup>

<sup>1</sup>Department of Orthopaedic Surgery, University of Ioannina, School of Medicine, Ioannina, Greece,

<sup>2</sup>Radiology Department, General Hospital of Ioannina, Greece, <sup>3</sup>Radiology Department, University Hospital of Ioannina, Greece

#### Scientific Program Saturday 2 November 2019



#### POSTOPERATIVE MRI FINDINGS 5 YEARS AFTER LUMBAR MICRODISCECTOMY

Papanastasiou I. E., Theodorou D. J.<sup>2</sup>, Theodorou S. J.<sup>3</sup>, Gelalis D. I.<sup>1</sup> Department of Orthopaedic Surgery, University of Ioannina, School of Medicine, Ioannina, Greece, <sup>2</sup>Radiology Department, General Hospital of Ioannina, Greece, <sup>3</sup>Radiology Department, University Hospital of Ioannina, Greece



#### 09:00 - 10:30 **EUROSPINE Session: Low Back Pain - Impact of Hip** and SI Joint as Possible Pain Generators

Chair: S. Stavridis



SI joint pain. Does this really exist?

A. Kapinas



Conservative management of SI joint pain. How effective is it?

E. Samoladas



Is there a place for operative treatment?

S. Papastefanou



SI joint problems after lumbar spine surgery

S. Stavridis



Sagittal balance changes and pain generators around the hip following THR

J.-C. Le Huec



Discussion

10:30 - 11:00 **Lecture: Adult Deformity and Sagittal Balance** 

> Chair: A. Christodoulou Speaker: J.C. Le Huec

11:00 - 11:30 **Coffee Break** 

#### Saturday 2 November 2019

#### 11:30 - 12:30 Round Table: Degenerative Spinal Disease

Chairs: A. Bountis, S. Boviatsis

Degenerative spondylolisthesis. When to fuse and when not to **N. Paidakakos** 

Degenerative lumbar spinal stenosis. When and how should we operate

T. Patsiaouras

Adjacent segment disease. Is it really a fusion disease?

Fusion for axial pain. Is it justified? **E. Papadopoulos** 

Discussion

#### 12:30 – 13:15 Case Discussion: Degenerative Spinal Disease

Chair: P. Korovessis

#### **Panel**

N. Valanos

S. Skriviliotakis

A. Spiliotopoulos

K. Kouzelis

#### 13:15 - 13:45 Lecture: C2 pathology. Anterior and Posterior

**Procedures** 

Chair: K. Vlachos

Speaker: **D. Bouramas** 

#### 13:45 - 15:00 Lunch Break

Scientific Program Saturday 2 November 2019

#### **Oral Presentations** 15:00 - 16:00

Chairs: A. Ploumis, K. Anagnostidis



#### NON-SURGICAL MANAGEMENT OF IDIOPATHIC EARLY ONSET SCOLIOSIS

Antoniou G.<sup>1</sup>. Krallis P.<sup>2</sup>. Pilichou A.<sup>2</sup>. Katsoulas D.<sup>2</sup>. Anastasopoulos J.<sup>2</sup> <sup>1</sup>Division of Orthopaedic Surgery. Evangelismos General Hospital, Athens Greece, <sup>2</sup>Division of Pediatric Orthopaedic Surgery, Agia Sofia General Children's Hospital, Athens, Greece



#### OUTCOMES OF FIVE YEARS OF THE USE OF APIFIX SYSTEM IN ADOLESCENT **SCOLIOSIS**

Sekouris N., Psilomanousakis G., Bakalakos M., Rozis M., Papoulidis N., Spanos K., Pneumatikos S.

Pediatric Orthopaedic Department, "KAT" General Hospital, Kifissia



#### RISK FACTORS FOR ADJACENT SEGMENT DISEASE AFTER POSTERIOR LUMBAR INTERBODY FUSION AND ITS IMPACT ON CLINICAL OUTCOMES

Bougiouklis D.1. Patsiaouras T.2

General Hospital of Pyrgos, Orthopaedics Department, Greece, General Hospital "Asklepieion Voulas", Fifth Orthopaedics Department, Athens, Greece



#### EPIDURAL AND INTRADURAL MIGRATION OF THE SEQUESTERED INTERVERTEBRAL DISC: LOOK OUT FOR THE WANDERING DISC

Theodorou D.J.<sup>1</sup>. Theodorou S.J.<sup>2</sup>. Kakitsubata Y.<sup>3</sup>. Gelalis I.<sup>4</sup>. Miyata Y.<sup>3</sup>. Shimono T.<sup>5</sup>. Maehara T.5

<sup>1</sup> Radiology Department General Hospital of Ioannina, Greece, <sup>2</sup> Radiology Department, University Hospital of Ioannina, Greece, <sup>3</sup>Radiology Department, Miyazaki Konan Hospital, Miyazaki, Japan, <sup>4</sup>Orthopedic Surgery Clinic, University Hospital of Ioannina, Greece, 5. Orthopedic Surgery Clinic, Maehara Hospital, Kobavashi, Japan



#### SURGICAL TREATMENT OF ACUTE SPONDYLODISCITIS

Lame A.1. Grada M.1. Xhumari A.1. Rroii A.2. Petrela M.1

<sup>1</sup> Department of Neurosurgery, University Hospital Center "Mother Theresa", Tirana, Albania, <sup>2</sup> Department of Neuroradiology, University Hospital Center "Mother Theresa", Tirana, Albania



#### INSTABILITY OF THE CRANIOVERTEBRAL JUNCTION AND TREATMENT **OUTCOMES IN 10 PATIENTS WITH DOWN'S SYNDROME**

Sklavounou M., Bouramas D.

Neurosurgical Department, Athens Bioclinic, Athens Greece

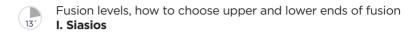


Discussion

#### Saturday 2 November 2019

#### 16:00 - 17:15 **Round Table: Spinal Deformity**

Chairs: G. Makrygiannakis, P. Tsitsopoulos



Screw density - How much is really enough? Derotation 131 maneuvers

A. Baikousis

Surgical plan for adult spinal deformity (osteotomy types and 13. indications)

P. Korovessis

13' Prediction and prevention of PJC in adult deformity I. Polythodorakis

Principles in the management of neuromuscular scoliosis 13' P. Krallis

Discussion

#### **Coffee Break** 17:15 - 17:45

17:45 - 18:15 Lecture: Endoscopy in Lumbar, Thoracic and Cervical

Spine - Pros and Cons

Chair: A. Vakis Speaker: R. Wagner

#### 18:15 - 19:15 **Round Table: Complications in Spinal Surgery Part I**

Chairs: T. Apostolou, K. Vlachos

latrogenic spinal cord injuries. Response to intraoperative alerts 13' and postoperative deficits

T. Apostolou

CSF leaks in spinal surgery K. Paterakis

Neck pain after stand-alone techniques in cervical discectomy A. Kapetanakis

#### Scientific Program Saturday 2 November 2019



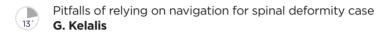
C5 palsy after cervical spine surgery. Incidence and risk factors K. Fountas



Discussion

#### **Round Table: Complications in Spinal Surgery Part II** 19:15 - 20:15

Chairs: E. Michos, E. Samoladas









Discussion

#### **Main Congress Summary** 20:15 - 20:30

G. Sapkas

#### **Gala Dinner** 21:30

#### Sunday 3 November 2019

#### 09:00 - 12:30

## **History Taking and Clinical Examination in Spine Pathology**

#### Chairs: S. Papastefanou, T. Apostolou, N. Sekouris



Introduction - The need for training in history training and clinical examination

#### S. Papastefanou



History Algorithm in spine pathology - Adults

#### T. Apostolou



History Algorithm in spine pathology - Children & adolescents **N. Sekouris** 



Pain patterns in different spine pathologies (visceral, vasogenic, neurogenic, spondylogenic, psychogenic) - McNab Criteria **P. Zoumpoulis** 

Pain patterns in degenerative spine (mechanical, instability, deformity, inflammatory, facet syndrome, undifferentiated)

E. Samoladas

#### Dain a



Pain and Disability in everyday life (psychosomatic pain {psychogenic pain and psychogenic differentiation of organic pain} – Behavioral change as a reaction to pain or legal compensation)

J. Papatriantafyllou

#### 10:35 - 10:45

#### **Coffee Break**



Clinical Examination Lumbar Spine and SI Joints - Critical analysis of the finding and differential diagnosis

S. Stavridis

## 15'

Clinical Examination Thoracic Spine - Critical analysis of the finding and differential diagnosis

#### I. Tsinganos



Clinical Examination Cervical Spine and Upper Limbs - Critical analysis of the finding and differential diagnosis

#### A. Kapinas



Ordering Lab Tests - Relative diagnostic value (plain x-rays, scintigraphy, blood tests, EMG)

#### L. G. Morassi



Ordering Lab Tests - Relative diagnostic value (CT & MRI)

## D. Theodorou



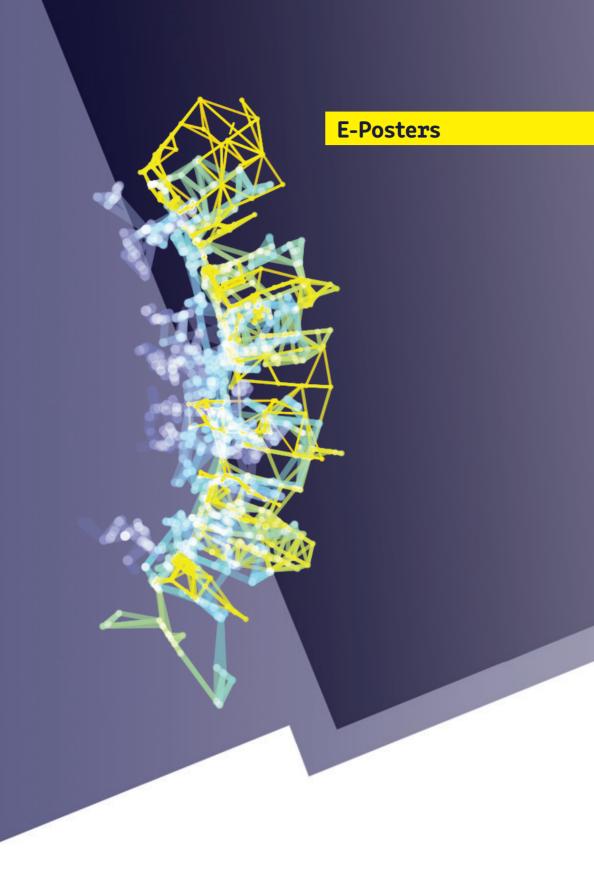
Questions

#### 12:30 - 12:40

The need to change the Aim and Content of the "N. Giannestras - P. Smyrnis Symposium" of the HAOST

Conclusions - Closing Remarks

S. Papastefanou



#### **E-Posters**

PΡ

01

PΡ

02

03

PΡ

04

PΡ

06

# LUMBAR SPINE IN CANCER PATIENTS: IS THERE A CORRELATION BETWEEN MAIN DISEASE AND ANTERIOPOSTERIOR LUMBAR DIAMETER? PILOT STUDY

Nikova A.¹, Kyriazi M.¹, Birbilis T.², Ntatsis K.¹

<sup>1</sup> Second Department of Surgical Oncology, Metaxa Cancer Hospital, Piraeus, Greece, <sup>2</sup> Department of Neurosurgery, Democritus University of Thrace, Alexandroupolis, Greece

COMPARISON OF CERVICAL DISC ARTHROPLASTY AND ANTERIOR CERVICAL DISCECTOMY AND FUSION FOR SINGLE-LEVEL DISC DISEASE

Papafragkos D., Rizos K., Kouzelis K.

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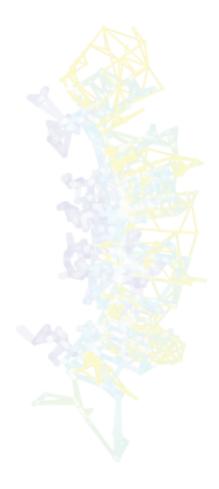
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